



REBOUNDERS CANADA
THRIVING, NOT JUST SURVIVING

Adult Survivors of Childhood Cancer

LIVING IN THE HERE & NOW

Thriving, not just Surviving

Saturday, October 2, 2010

Morning

8:30 a.m. to 9:30 a.m. Registration & Continental Breakfast

9:30 a.m. to 9:40 a.m. **“Look At Us Now.....20 Years Later!”**

Welcome: Andrew and Jill Sprawson

9:40 a.m. to 10:20 a.m. **“Getting to Know You”**

Focus: group activities to promote effective communication

Presenter: Kristen Dawson, *Program Director Gilda's Club Simcoe Muskoka*

10:20 a.m. to 10:40 a.m. Washroom and Nutrition Break

10:40 a.m. to 11:45 a.m. **“Your Money and You: Basic Life Skills”**

Focus: buying on credit, deferring payments, reading a paycheque, savings and basic budgeting

Presenter: Elisabete Way
President and Senior Consultant Management STRATAGEMS Group

11:45 a.m. to 1:00 p.m. Lunch



Saturday, October 2, 2010

Afternoon

1:00 p.m. to 2:00 p.m.

“Exploring Social Skills, Relationships and Sexuality”

Focus: role-playing, presentation, followed by an open forum discussion

Presenters: Stephanie Willison, *Social Worker*
Douglas Schmidt, *Psychologist*
Family Support Service
Holland Bloorview Kids Rehabilitation Hospital

Concurrent Session for Parent and Caregiver...

1:00 p.m. to 2:00 p.m.

“Coping with Chronic Care Issues: Am I helping or hovering?”

Focus: Strategy Forum and Discussion

Facilitator: James Whetstone
Certified Psychotherapist

2:00 p.m. to 2:20 p.m.

Washroom and Nutrition Break

2:20 p.m. to 3:00 p.m.

“Reflect on Conference and Socialize”

FOLLOWED BY...

SILENT AUCTION

&

20th Anniversary

“New Life Dinner”